



# Arts and Social Sciences

## 2010-2011

**Master of Couple and Family Therapy** Postgraduate Coursework Program  
An Interdisciplinary Clinical Training Program

### The MCFT

The MCFT has been offered by UNSW Social Work since 1994 in partnership with the Australian Institute of Relationship Studies (AIRS – the training division of Relationships Australia NSW). It is an interdisciplinary clinical training program designed for social workers, psychologists and other counselling professionals. The program is part-time across two years. It is offered every two years only with the next intake for 2010. The program is not available for International Students, and it is not available by distance education.

For the first year, students enrol in the Masters Articulation Program at AIRS and complete 3 courses. In the second year, students apply to and then enrol at UNSW, receive course credits for their first year courses, and complete the remaining 3 courses.

### Admission

Applicants should have

- An undergraduate degree in a relevant field
- Previous training in counselling
- 2 years supervised experience in a formal counselling setting

The ability to see couples and/or families in your work while studying is essential.

The selection process will also consider your previous exposure to systemic therapy through workshops, short courses or supervision, evidence of the readiness of your workplace to support your training, and academic record.

### Application and Selection Interview

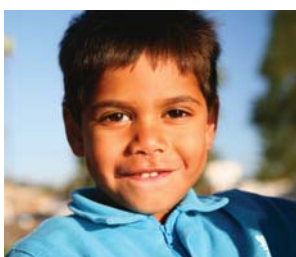
Applications close Friday October 30, 2009. Admission is subject to quota. Selection interviews will be held in the last week of November.

The selection process is undertaken jointly by UNSW and AIRS.

There is a SPECIAL APPLICATION FORM for this program - please email the Program Coordinator Dr Carmel Flaskas at [mcft@unsw.edu.au](mailto:mcft@unsw.edu.au)

### Fees

Enrolment in the first year Masters Articulation Program is with AIRS. The 2010 fees are \$8,850, or \$4,425 each semester. Fees are paid at the beginning of each semester directly to AIRS. Enrolment in the second year courses is with UNSW. Postgraduate Commonwealth Supported Places (formerly HECS) are offered for this second year. The UNSW website address for fee information is: <https://my.unsw.edu.au/student/fees/TuitionFees.html>



# Master of Couple and Family Therapy

## An Interdisciplinary Clinical Training Program

### The Program

Program Code: SOCFAS8931

#### Year 1 (Masters Articulation Program at AIRS)

Theory of Couple and Family Therapy Semester 1 - 30 class contact hours  
Clinical Studies A Semester 1 - 48 class contact hours  
Clinical Studies B Semester 2 - 90 class contact hours

#### Year 2 (at UNSW)

Contemporary Theory Issues Semester 1 - 24 class contact hours  
Research Issues Semester 1 - 24 class contact hours  
Clinical Studies C Semester 2 - 48 class contact hours

### Course Descriptions

#### SOCF 5001

##### Theory of Couple and Family Therapy

Introduces core theory ideas from systemic family therapy. Presents different ways of understanding the evolution of relationship patterns, including intergenerational perspectives. Focuses on the theory of the later Milan framework, as this serves as a cohering basis for Clinical Studies A and B.

#### SOCF5002

##### Clinical Studies A

Introduces the clinical knowledge needed for the practice of couple and family therapy. Emphasises the use of self in the therapeutic relationship and the value of family-of-origin work. Prepares students for working with couples and families through skills development in small groups using supervised role-play and video analysis. Draws in other theory ideas in addition to the later Milan framework as they relate to specific clinical situations.

#### SOCF5003

##### Clinical Studies B

Provides clinical training as students work directly with families and/or couples using the 'live' supervision facilities of Relationships Australia (NSW). Develops theoretical and clinical understandings of systemic assessment, therapeutic management and systemic interviewing. Focuses on practice skills, the capacity to critically reflect on practice, and the capacity to analyse therapeutic situations.

#### SOCF5004

##### Contemporary Theory Issues

Presents current influences in systemic therapy, including the influence of postmodernist ideas, the different uses of the metaphor of narrative in therapy, and the use of psychoanalytic ideas in systemic practice. Explores the expression of these influences in the narrative, solution-focused and Milan frameworks of systemic therapy. Considers the questions of power and diversity in contemporary family therapy theory and practice.

#### SOCF5005

##### Research Issues

Examines the research process and its role in the development of knowledge in couple and family therapy. Gives an overview of quantitative and qualitative methodologies. Explores values and the political context of research activity. Develops the skills for assessing and reviewing specific examples of research.

#### SOCF5006

##### Clinical Studies C

Further develops the capacity to understand and analyse therapeutic process as students present their own practice in couple and family therapy for review. Explores specific practice topics including the therapeutic relationship and work with violence and abuse.

### 2010 Venues, Timetable, Class Dates

Classes are held at the training facilities of Relationships Australia. Semester 1 classes will be held at the Castlereagh St City Office. Semester 2 clinical training groups will be located at various offices, depending on group allocation.

First Meeting	Thursday 3-5pm	March 4
Clinical Studies A	Thursdays 12-3pm	March 11-June 25
Theory of Couple and Family Therapy	Thursdays 3.30-6pm	March 11-May 27
Clinical Studies B	Wednesdays or Thursdays 2.30-8pm (5 hours)	July 22-27 Nov 25
	Day depends on group allocation	



### Also offered by UNSW

#### Master of Social Work in Counselling

##### Family-Sensitive Counselling Methods Promoting Resilience

A 2 year part-time program designed for practising social workers who want to consolidate and extend their counselling knowledge and skills. Offered every two years, the next intake will be for the 2011-2012 program.

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